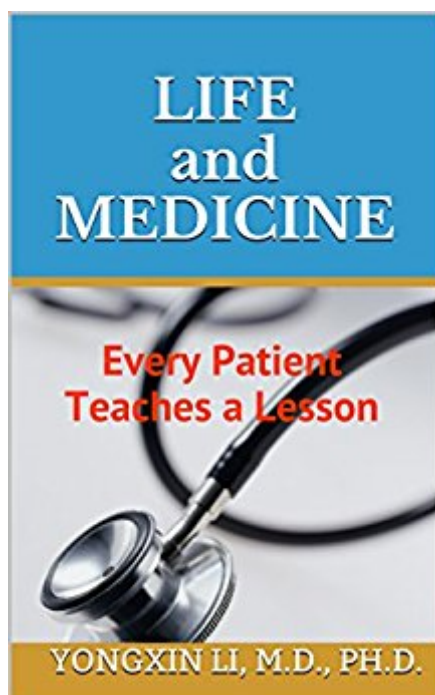


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Life And Medicine: Every Patient Teaches A Lesson



Synopsis

This is the first English medical memoir that has ever been written mainly about American health care by a Chinese immigrant physician practicing in the United States of America. The unique medical stories in this book illustrate the current state of American medicine, the life and times of a Chinese doctor, and some views and opinions on health-related issues from a different perspective. Many aspects of life and medicine are explored: medical mysteries, alternative medicine, common medications (antidiabetics and statins), medical economics, humanity, ethics, religion, sociology, science, philosophy, history, and even some politics. In addition, the author tries to use his personal experiences to demonstrate the differences and similarities between American and Chinese health care systems. These stories are true and instructive: some of them are delightful, some are sad and depressing, and some are heart touching. This is life! * * * * *

* The author has established his own way of living and practicing medicine, the Five S's: Smile, Simplicity, Sympathy/empathy, Serenity, and Service. Where there is a smile, there is a chance, peace, and happiness. You always have some discomfort somewhere in the body, but you don't have to take medicine for each and every ailment in order to stay happy and healthy. If internet access can be considered as a basic human right, then universal health care is definitely a basic human right. The author wishes the people of the world, including all Americans, could enjoy this basic human right, the right to access health care equally. Since we have not known everything in life, how can we know for sure things after life? God is everywhere and in our hearts as long as we love and help each other. About the Author Dr. Yongxin Li, the inventor of E Tai Chi, graduated from Guangzhou Medical University (Guangzhou Medical College) in China in 1982. He came to the U.S. in 1986 and received his Ph.D. degree in physiology from the University of Texas Medical Branch at Galveston in 1991. He completed his internal medicine residency at Wright State University School of Medicine in Dayton, Ohio in the 1990s. Since then, he has been practicing internal medicine in a southern state. Dr. Yongxin Li is the author of E Tai Chi: The World's Simplest Tai Chi.

Book Information

File Size: 1729 KB

Print Length: 331 pages

Simultaneous Device Usage: Unlimited

Publication Date: September 26, 2015

Sold by: Â Â Digital Services LLC

Language: English

ASIN: B015VNN17Y

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #264,437 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #158

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Customer Reviews

Enjoyed this book. As a RN, would love to meet a kind and compassionate dr like him. They are few and far between. As for his remarks on Obamacare, of course it is wrong. People can't afford it's enormous premiums or its enormous co-pays. Enjoyed learning about medicine in China

To find a Dr with so much passion and stories of other Dr's who also have the passion. After working in the medical field for 47 years I saw both Dr's who were compassionate and many who were not.

This is a compilation of short tales based on the first-hand experiences of a first-generation Chinese-American who practices medicine on the front-lines of the battle over healthcare in the United States. Dr. Li's stories cover good, bad and ugly aspects of American medicine. His tales also reflect hope for the preservation of the American Dream by pointing out impediments to quality healthcare.

excellent insight into current state of healthcare.enjoyable and honest doctor patient encounters.best way to understand what a patient should expect from a physician(from a well trained MD, PhD physician's point of view)perfect book for leisure reading as well.

A fantastic read! A refreshing perspective on medicine in America and as a whole. Through my

reading I was encouraged to question why we do what we do and reflect on how I can better serve my patients in the future.

This was a well written book with a lot of good stories from many different patients. Dr. Li and his life experiences within this book deserve a read by all. Good book and the price is right

Wow! Amazing insight on the two different sides of medicine, the patient and the doctor. It's great being able to see the different perspectives of both and how they relate to everyday life.

I got this book from a friend. I read it with great interest because I have the similar back ground with the author. The book reflects the spectrum of life in U.S. and in China uniquely from a physician's point of view. It includes not only medicine, but also philosophy, sociology and deep thinking. A book for all walks of life!

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